

Date updated	Service Name	Who qualifies	How to refer	Contact information	Changes in Services
03/25/2020	Mobile Crisis Unit	Anyone in significant emotional distress		315-253-0341	All phone Calls
03/26/2020	Cayuga County Mental Health	Clients and new clients in need of mental health services.	Call (315) 253-0341. If you do not have access to a phone go to CCMH and they will give you access to a phone to have a session,	(315) 253-0341	There is no change for community members who receive medications at CCCMHC (including injectables). Please report to the building for your appointment. Appointments will be conducted with therapists, nurse practitioner and psychiatrist via phone.
03/30/2020	Booker T Washington dinner distribution	Any AECSD student	Student goes to pick up, no need to call hours are 4-6	(315) 253 - 3207	Begins March 30th. Grab and go only at 23 Chapman Ave
03/26/2020	Cayuga Counseling Services	Clients in need of mental health services.		(315) 253-9795	No face to face sessions at this time.
03/25/2020	CAP Mobile Food Pantry	This program delivers food to isolated and homebound residents of Cayuga		(315) 255- 1703	
03/25/2020	FAST	Families in need of emotional support	Online referral	www.cayugacofast.com	
03/25/2020	National Suicide Prevention Hotline	Anyone in significant emotional distress		1 (800) 273-8255	
03/26/2020	Coronavirus Related Health Questions	If symptomatic, please call PCP, urgent care or ER for phone assessment		Upstate 24 hour triage hotline (315) 464-3979 Department of health Corona virus Health line 1-888-364-3065	www.cayugacounty.us select Covid-19 for resources and numbers
03/26/2020	Department of Social Services Emergency Services			(315) 253-1355	Phone is Staffed Mon-Fri 9-5, Sat & Sun 9-12
03/26/2020	CHAD	Anyone in need of substance abuse counseling/treatment		(315) 253-9786	No in-person sessions. Staff is continuing to work in office by phone.
03/26/2020	CAP Employment Service Program	People looking for temp/permanent employment or a essential worker needing assistance in maintaining employment		(315) 209-2107	
03/25/2020	CAP Domestic Violence	24/7 Domestic Violence victims		(315)255-6221	
03/25/2020	Unemployment	The day you file is based on your last name. Mon 8-7:30 pm A-F, Tuesday 8:00-7:30 pm G-N, Wed 8-7:30 O-Z, If you missed your day...file Thurs 8-7:30, Fri 8-6pm, or Sat 7:30-8pm		(888) 209-8124	www.cayugacounty.us select Covid-19 for resources and numbers
03/25/2020	Temporary Assistance	Families applying for TA		(315) 253 - 1294	
		Families receiving TA		(315) 253-1291	
03/25/2020	Day Care	Families in need of Day Care		(315) 253-1446 or 315-446-1220 Child Care Solutions	
03/25/2020	SNAP			315-253-1210 www.mybenefits.ny.gov , Cayuga County Outreach Coordinator - Angela Mastracchio 315-437-1899 ext 227	
03/25/2020	HEAP			315-255-4904 www.mybenefits.ny.gov	
03/25/2020	Medicaid			315-253-1382 or 888-355-5777 www.nystateofhealth.ny.gov	
03/25/2020	Child Support			888-208-4485 www.childsupport.ny.gov	
03/25/2020	Suicide Text Talk			TEXT TALK to 741741	
03/25/2020	Crisis Chat			www.crisischat.org	
03/25/2020	Medicaid Call			1-866- 932 - 7743	
03/25/2020	Substance Abuse and Mental Health Services Administration Helpline			1-800-985-5990 Text TalkWithUS to 66746	
03/26/2020	WIC	If you are pregnant, breast feeding or have children under the age of 5, including fathers and caretakers.		(315) 253-1406 www.wicstrong.com/agency/cayuga	Phone contact, no person to person appointments.